

Immigrants Make New Hampshire Stronger



*An estimated **89,000** immigrants live in New Hampshire, making up **7%** of the total population.*

*Immigrants live in **10%** of households in New Hampshire.*

Immigrants contribute to every sector of New Hampshire's economy.

Some 8% of New Hampshire's labor force are immigrants, including 5% of the construction industry, 7% of agriculture, 12% of manufacturing, 12% of business services, and 9% of leisure and hospitality.

About 11,000 immigrants in New Hampshire work in STEM-related jobs, of which 18% are temporary immigrants on H-1B and other temporary work visas. In all, 15% of STEM degree holders in New Hampshire are immigrants.

Immigrants of all backgrounds boost New Hampshire's communities. Some 50,000 immigrants, or about 57% of all immigrants in New Hampshire, are U.S. citizens. About 13,000 are lawful permanent residents, and 7,000 are temporary immigrants (including nonimmigrant visa holders and international students).

Some 33,000 are either undocumented immigrants or live with an undocumented immigrant. Some 3,000 U.S. citizen children in New Hampshire live with an undocumented parent, while some 4,000 U.S. citizen spouses are married to an undocumented immigrant. Some 4,000 undocumented individuals in New Hampshire have lived in the U.S. for more than 10 years, with 2,000 of those living in the U.S. for more than 20 years.

Dreamers—undocumented immigrants who came to the U.S. as children before 2021 and are either in school or have graduated from high school—number 3,000 and **contribute \$114 million annually to New Hampshire's economy.** They also contribute \$11 million in state and local taxes each year. Some 200 are Deferred Action for Childhood Arrivals (DACA) recipients.

Temporary Protected Status (TPS) holders—immigrants who cannot safely return to their home countries—numbered 1,000 and **contributed \$14 million to New Hampshire's economy** in 2024. Meanwhile, an estimated 9,000 immigrants in New Hampshire are waiting for a decision on their asylum claim, and contribute \$270 million to New Hampshire's economy annually.

Immigrant groups currently protected from deportation—DACA recipients, TPS holders, people seeking asylum, and those waiting for a permanent residency visa—**have access to work authorizations, making up an estimated 7,000 workers in New Hampshire's labor force, and paying an estimated \$33 million annually in state and local taxes.**

\$4.7 billion

Annual spending power

\$1.4 billion

Annual combined taxes paid

4,000

Self-employed

50%

With college or advanced degrees

99%

Speak English

91%

Earn above the minimum needed to live